



# Coyote Coast

YOUTH AND FAMILY COUNSELING, INC.  
A LICENSED CLINICAL SOCIAL WORK GROUP

## Coyote Coast Summer Mentoring Program

**Overview:** The Coyote Coast Summer Mentoring Program offers a unique opportunity for Teens and Young Adults to explore new activities, interests and aspects of their personalities as they transition from one school year to the next. Teens and Young Adults can meet with mentors once, twice or three times a week from 1.5 to 3 hours at a time. The goal is to develop meaningful relationships, add structure and pursue healthy alternatives to a summer spent on the couch. Teens and Young Adults meet with mentors to decide what goals for the summer might be, whether they are physical, experiential or based on levels of confidence. Mentors are available to provide transportation from home or other convenient location.

**Why Mentoring?** Mentors can play a unique role in the lives of teenagers. Mentors have the ability to offer leadership, guidance, support, reflection and direction, but from a place that is neither peer nor parent. This role of "trusted adult" can be a powerful reassurance during transitions typically marked by uncertainty, self-doubt, & the questioning of values.

**Who Can Benefit?** Teens and Young Adults who are open to new experiences, but who are having difficulty initiating them. Those that may have varied interests, but whose immediate circle of friends may not share. And those who struggle to motivate themselves to get out and be active during the summer months.

**Who are the Mentors?** Coyote Coast Mentors have passed a Dept. of Justice Live Scan screening process, have at least a Master's degree in Social Work or Psychology, are registered with the Board of Behavioral Sciences and have experience working with young people in both individual and group settings. Mentors are also current in CPR and First Aid certifications.

**About the Activities:** Activities are specifically chosen in order to assist young people in increasing their self-awareness, clarifying their personal values and strengthening both motivation and capacity to be more self-reliant and make sound decisions.

**Why Coyote Coast?** Coyote Coast was founded to work with youth and families through some of the most challenging transitions of their lives. We have years of experience assisting young people in finding their way, asserting their independence and strengthening their connections with family, friends and the broader community.

### Contact:

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